

Issue 15: July 4<sup>th</sup> 2020

Welcome, brothers and sisters to the fourteenth edition of "Church at Home".

The Church building will be open for worship tomorrow. Our 9am service is able to run and you will be welcome to join us if you wish.

I had a few of you contact me with worries about opening the church and feeling you had a duty to attend. I'm sure there must be others as well. Can I assure you that if you are worried about being in church because of the present situation there is no need to come, but continue worshiping at home. We will be attempting to record the service on Sunday and hope (at least) the sermon audio will be avaible.

The church has been set up to take into account the guidance given and following the completion of the Church of England risk assessment by Colin our Warden.

So lets see how we go, as we are again allowed to (carefully) worship together.

Follow the guidance, encourage each other, pray and stay safe.

**Rev Clive** 

#### **Church noticeboard**

### Acting on Advice from the Church of England this is what to expect when you come to Church.

It is advisable for you wear a covering over your nose and mouth.

Before entering the church, your temperature will be taken remotely by a steward and unfortunately, if it is higher than the government recommendation, you and any members of your household won't be able to attend the service. We understand that this may be upsetting, but please help our stewards to keep you and the church family safe.

We are providing sanitizing gel and this must be applied on entering and leaving the church.

Please do not congregate at the entrance or in church, but move to your seats as directed.

Seating will be distanced, but of course, you may sit with other members of your household or anyone you have formed a bubble with.

Toilet facilities will be available.

Communion will be given in one kind only. You will be asked to keep a one metre distance whilst queuing and you will be required to use sanitising gel before receiving communion.

Unfortunately, at the end of the service it will not be possible to socialise in the church.

Please help our stewards, who have volunteered, to ensure that we can hold the service in safety and fellowship to the Glory of our Lord Jesus Christ.

#### **Birthdays**

Congratulations to Colin Smith & Tim Luff for there  $70^{\rm th}$  Birthdays this week and for Jeanette Watts who reaches the grand age of 93 on Sunday.

#### **Community Notices**

#### **Healthy Start**

With Healthy Start, families on some benefits can get free vouchers every week to spend on milk, plain fresh, frozen fruit & vegetables, & infant formula milk. You can also get free vitamins. Check to see if you qualify - <a href="https://www.healthystart.nhs.uk">https://www.healthystart.nhs.uk</a>

#### **Allotments**

The council has some allotments available to rent. Find out more at <a href="https://www.bexley.gov.uk/allotments">www.bexley.gov.uk/allotments</a>

#### **Bexley Council Magazine**

The June edition of the Bexley magazine is available at the following address -

https://www.bexley.gov.uk/sites/bexley-cms/files/2020-06/bexley-magazine-covid-19-special.pdf

#### **Diamond Jubilee Club**

This is a social club for the more mature in our community, offering reminiscence therapy through music, chat, tea and cake in normal times. The DJ Club goes 'live' every Thursday afternoon between 3 and 4 pm.

It can be accessed via <a href="https://www.facebook.com/bexleydjc">www.facebook.com/bexleydjc</a>

#### **Memory Cafe**

A new memory café is opening at Christ Church Erith. It is for those who are living with dementia. Meetings will take place over Zoom in the current situation on Thursdays 10.45-11.45am. Anyone wishing to join can email Jacki Clement for an invitation - <a href="mailto:cceprojectworker@hotmail.com">cceprojectworker@hotmail.com</a>

#### **National Book of Condolence**

A national online book of condolence and memorial has been launched by St Paul's Cathedral, for those who have died of COVID-19.

You can find all the details on their dedicated "remember me" website. <a href="https://www.rememberme2020.uk">https://www.rememberme2020.uk</a>

### This week's prayer

God our Father, by whose mercy the world turns safely into darkness and returns again to light: we place in your hands our unfinished tasks, our unsolved problems, and our unfulfilled hopes, knowing that only what you bless will prosper. To your love and protection, we commit each other and all those we love, knowing that you alone are our sure defender, through Jesus Christ our Lord.

#### Amen

From The church Of South India

#### **Prayer**

There are many who still need our prayers. Those who have asked for our prayers are: Ann Batchelor (Reader at St Martin's) Andrew Bennett, Charles Brooke, Elizabeth Foster and Joan Handy. For Marjorie and Eileen Hoare, Monica Lindridge, Christine Meaton and Christine Minns. For Carol & John O'Connor, John Ralph and Amanda Ralph. For Jane & George Stafford. For Karen Vaughan (Cameo), Jeanette Watts and Mark Williams.

Please pray for those key workers still having to go out to work, including4 Eleanor Yeku, Liam and Claire (scout leaders) and Cavan O'Connor a doctor in London.

#### **Access Church services online**

A number of places are offering closed services online. If you are able why don't you try one of the following.

Holy Trinity Brompton – Nicky Gumbel <a href="https://www.htb.org/sundayonline">https://www.htb.org/sundayonline</a>.

Freedom Church – Sim Dendy <a href="https://www.freedomchurch.uk">https://www.freedomchurch.uk</a>

All Souls Langham Place <a href="https://www.allsouls.org">https://www.allsouls.org</a>

#### **Watch on TV**

TBN (Freeveiw 65 / Sky 582) Hillsongs TV (Sky 595)

#### Resources for children and young people

#### **Primary**

Veggietales (Netflix)

Superbook (Amazon Prime & Youtube)

Hillsongs: <a href="https://www.youtube.com/user/hillsongkids">https://www.youtube.com/user/hillsongkids</a>

Rend Collective: https://rendcokids.com

Bethel Kids

https://www.youtube.com/playlist?list=PLUmTiGOxKUOhwpvDtOl62m

c4bs9JEUyFP

#### **Secondary**

Bible society short videos - <a href="https://www.biblesociety.org.uk/explore-the-bible/study-the-bible/gnb-youth-edition/videos/">https://www.biblesociety.org.uk/explore-the-bible/study-the-bible/gnb-youth-edition/videos/</a>

Bible Game for Apple or Android - "The Guardians of Ancora" <a href="https://quardiansofancora.com">https://quardiansofancora.com</a>

#### What you're up to. - Pictures and messages



Carol O'Connor & friend Helen
John and I usually go for a walk with our friends
Dave and Angela on
Wednesday mornings.
We think the tree is well worth a few photos.



Judy Cunnew
The hat it not my
usual attire but "the
hair" is beyond any
control!!



Colin Smith
The new
Septagenarian!



Monica & Bob Lindridge
Monica and Bob have finally
finished tidying the church
grounds and have had at
least 7 visits to the dump!



Tim Luff
Wearing the birthday
beard at a wet picnic
party, 'laugh', great
fun

### All Age worship

# Cheryl, Laura & Sarah from the Diocesan team have sent some ideas for worship at home.

### 







These resources are to help equip & enable worship together as "family". They are intentionally intergenerational to allow space, conversation, activity & response together as the family of God. We encourage all ages to be participative & open, being responsive to God and each other.

#### Gather.....

- As you gather find a place that is comfortable and have the resources ready for the activities, prayer or response times ready.
- Choose 3 members to light the 3 candles (engage all ages)

#### Opening words of praise with lighting of 3 candles -

I will light a light in the name of the Maker, who lit the world and gave everything life.

I will light a light in the name of the Son, who saved the world and stretched out his hand to me.

I will light a light in the name of the Spirit, who is present everywhere in the world and gives me strength.

Together:
We will light three lights
for the trinity of love:
God above us,
God beside us,
God beneath us;
The beginning,
The end
and the Everlasting one.

#### Welcome.....

Song: Jesus, all for Jesus

https://www.youtube.com/watch?v=H1Wa2msOq9c

(can be sung or listened to)

**Reflection time:** Buckaroo!!! As you gather together can you remember playing buckaroo — if you have the game you could play it now or a game that is similar — Jenga or Monkey Business work well too.

As you gather and perhaps play a game or two – share what are the similarities in these games?







The objects in these games build upon each other and gradually increase the pressure until the pressure builds until they can no longer take any more pressure or weight. The evitable happens either the donkey kicks everything off, the tower falls down or the monkey tree collapses. It is always the last person who caused the collapse or "kick off" to be the loser or person responsible — the strain has become too much.

Bible passage: Matthew 11: 25-30

AND/OR

https://www.youtube.com/watch?v=eVSRdMCJfCE

#### Interactive Learning.....

Similar OR Different: If you have pictures from different generations within your family, compare the photos of parent/grandparents; do the younger generations look like them? Do you also recognise actions, or ways of behaving that are similar through the generations? You can also search on the internet for different generational pictures of famous people and compare if they look alike, what are the similarities? Are the younger members of families' recognisable in looks or character? Compare that to recognising Jesus as the Son of the God, Jesus is part of God and they know each other intensely. Jesus revealed the nature of God and invited people into a relationship with Him, which means we can come to God especially when the pressure becomes too much.

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А	т	E	D	А	В	E	т	R	s	GENTLE	HUMBLE	HEART
G	А	s	В	L	м	s	т	E	А	REST	BURDEN	LIGHT
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Step 1: Place your flowers between two pieces of parchment paper. Place a book on top to flatten the flowers and make them easier to iron.

Step 2: Turn your iron on low, no steam...

Step 3: Once the iron is warm, remove the book from the parchment paper. ...

Step 4: Press the iron on the paper for about 15 seconds.

Step 5: Used pressed flowers in a picture to remind you of God being always there for you and each other.

#### Whilst creating chat about the following questions & share stories.....

- 1. Who would you want to be placed with in voke and why?
- 2. I wonder if there is something that is too heavy for you & do you need help from God?
- Jesus promises to come close to us – have you ever experienced this?



In Bible times, work animals (usually oxen/cattle) worked in pairs, sharing the load. They were yoked together by a hand-carved wooden frame pictured above. Jesus is talking about oxen here, and relating it to how much easier it is for us to bear our burdens and troubles if we share them with him, as He pulls the load together with us, side by side. Jesus also talks about John the Baptist in this passage. These two extremely different people were also brought (yoked) together, bringing the good news of God to the people who wanted and needed to hear it

#### Hidden Words:

How many different words can you make from letters in this bible verse?

"Come to me, all you who are weary and burdened, and I will give you rest."

15 - good 20 - very good 25 or more - excellent



#### Reflection & Prayer Time.....

Song: One thing Remains

https://www.youtube.com/watch?v= y3K2Qvr6iM (can be sung/read aloud or listened to)

Encourage members to pray silently or read aloud their prayers. Other prayers can be said at this time, concluding with the Lord's Prayer

#### The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Play this prayer at the end of your prayer time. https://www.youtube.com/watch?v=AZzWUNmjXIY

#### Talk to God!

Lord Jesus, when problems seem too big for us, please help us to bring them to You. Thank you that You have the power to do what we think is impossible.

#### Closing Responses.....

Song: Your Love is Amazing

https://www.youtube.com/watch?v=nVxCkP3AT\_k (can be sung/read aloud or listened to)

From where we are to where you need us. **Jesus, now lead on!** 

From the security of what we know to the adventure of what you reveal.

#### Jesus, now lead on!

To make this world look more like your kingdom,

Jesus, now lead on!

Ask different members to blow out the candles.....until you meet again

#### Celebration....

If any of your members celebrate a birthday within the next week — sing

Happy birthday to you To Jesus be true May God's richest blessings Be showered on you.



#### Closing.....

#### The Grace (with "Messy" actions)

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore. Amen.

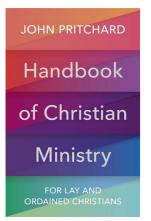
#### Extra Ideas

https://sermons4kids.com/s torage/4978/when your loa d is heavy bulletin.pdf

HEAVY RELAY: Have 2
rucksacks and play a relay
game, every time it's a new
person in the line add
another item in the bag, run
to a marker and crawl back
to their team with the bag
on their backs carrying the
bag.

#### **Books**

This week's book suggestions come from SPCK



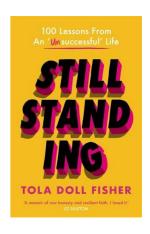
Handbook of Christian Ministry by John Pritchard We're all called to ministry.

There are many situations we find ourselves in as Christians that are difficult to handle. This warm, compassionate handbook offers an easy-to-navigate source of advice on how to respond to the needs of others. It draws on the extensive experience of a much-loved bishop, whose companion volume, *The Life and Work of a Priest*, has become a classic.

#### Still Standing by Tola Doll Fisher

What do you do when life hasn't turned out the way you expected? When it feels like everyone else has it together but you're still figuring it out? And if God is meant to be your guide, why do you feel so lost?

Tola Doll Fisher has asked these questions countless times and still doesn't have the answers. But as she explains in this series of 100 'life lessons' maybe that's okay...





#### Finishing Well by Ian Knox

'God's purpose for us is to show, as we get older, that he gives us his strength and, through our experiences of him, his wisdom,' says Ian Knox. 'God is not finished with us. In our later years we are not only to be blessed, but to be a blessing and bring a blessing.'

# Poet's Corner

Waves crash against the rocks on the beach, The spray explodes up and then falls on The shiny black stones. They are like mighty whales, lost and stranded.

The grey gulls swoop down and their beady Eyes scan the sand for scraps of food. They are living from day to day With no plans for tomorrow. No worries or cares, they are never alone: They have each other.

The dark clouds move away And the sky is streaked with salmon pink. My toes caress the frothy foam at the water's edge. My thoughts turn to God.

His beautiful creation takes my breath away. Mountains, lakes, forests, waterfalls, Seas and meandering rivers, And so much more to enjoy!

Heavenly Father, surely, I shall never tire Of your countless gifts of love.

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# The Other Corner

#### Wordsworth in Lockdown:

I wandered lonely as a cloud, Two metres from the madding crowd, When all at once my name was Called To enter Waitrose' hallowed hall.

This was the pensioner's special hour I'd gone to get a bag of flour,
But I forgot - when through the door - What I had gone to Waitrose for.

The Waitrose staff are extra kind I told them it had slipped my mind,
They ask what else I had forgot
They clearly thought I'd lost the plot.

I phoned my wife again to ask

She reminded me of this special task

"I need some flour to bake a Cake

With all that Cream you made me take!"

"Ah yes, I recall" I had to lie,
I dared not ask what flower to buy,
But then I saw them at the tills
A bunch of golden daffodils.

#### **Mission**

#### **Update from our mission partner Beryl Baker**



Beryl is a nurse who works in Paraguay. She has been on the mission field for over 50 years and we have supported her as a mission partner throughout that time.

#### A message from Beryl's friend Julie Fagin

#### An update from Beryl 29 6 20

Give thanks Beryl was able to make contact from Rio Verde this morning

Give thanks there is no virus infection in the colonies though sadly it has been brought into Conception, now put back in lockdown

Give thanks that the community at the ranch is also free of it

Give thanks for Bernardino's continued help, now working Saturdays too and grateful for work

Give thanks that progress continues to be made on the Trans Chaco road, making travel much easier.

Give thanks that Beryl, Trudy the doctor and Monica the vet who gives medical assistance, was able to travel to La Patria to provide medical care to the people there. Beryl saw 34 patients. Give thanks for Tito's helpfulness. He is going to move the water heater from the clinic to Beryl's house as hers has failed. Pray for success

Give thanks that Beryl's radio works well so that she can hear what is being decided about movement of people etc. (Her phone line is unreliable still)

#### Please pray

for rain. Water is now getting in short supply again. The climate changing is having a big impact on the weather all round

that Rhett may be able to come to the ranch soon to get up to date with matters there

that Beryl can find an electrician to repair her car. The engine runs well when it has been started. (It is not her spark plugs but an electrical fault. The man Rhett recommended is not an electrician)

for Bernadino who has stopped his course in agriculture because there was a lack of any teaching

for Beryl hoping to travel to Asuncion next week.

for wisdom for the president and the minister of health. People are ignoring safe distancing (sounds familiar!)

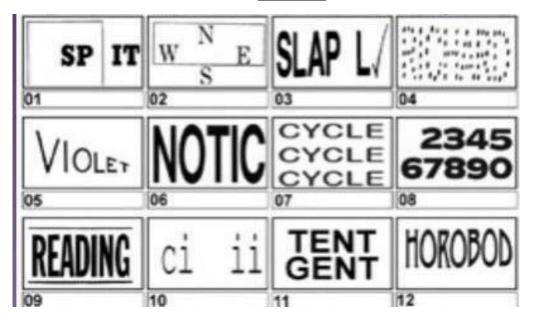
Thank you

Beryl sends her love and prayers

### Official UK Christian & Gospel Albums Chart Top 20

Pos	LW	Title, A	rtist	Peak Pos	WoC
1	1		THE SEARCH NF NF REAL MUSIC	1	48
2	2	-	JESUS IS KING KANYE WEST EMI	1	35
3	3	*	LOOK UP CHILD LAUREN DAIGLE CENTRICITY MUSIC	1	4
4	4	THE REAL PROPERTY.	MANSION NF CCMG	1	150
5	5	Skiller	VITAL SIGNS SKILLET WARNER BROS	2	264
6	9 ↑	-	GRAVES INTO GARDENS - LIVE ELEVATION WORSHIP ELEVATION WORSHIP	2	8
7	6 +		THERE IS MORE HILLSONG WORSHIP HILLSONG MUSIC	1	116
8	8		AWAKE SKILLET ATLANTIC	2	329
9	7 +		AWAKE HILLSONG WORSHIP HILLSONG MUSIC	2	37
10	10	8	UNLEASHED SKILLET ROADRUNNER	1	203
11	13 🛧	<b>(E)</b>	VICTORIOUS SKILLET WARNER RECORDS	3	44
12	11 🕹		VICTORY - LIVE BETHEL MUSIC BETHEL MUSIC	1	74
13	12 🕹	UNITED	PEOPLE - LIVE HILLSONG UNITED HILLSONG MUSIC	1	26
14	14		CHOOSE TO WORSHIP REND COLLECTIVE CCMG	1	13
15	16 🛧		JESUS IS BORN SUNDAY SERVICE CHOIR INC	3	26
16	15 🗸		THE ESSENTIAL KIRK FRANKLIN KIRK FRANKLIN VERITY	11	5
17	Re	1	LET THERE BE LIGHT HILLSONG WORSHIP HILLSONG MUSIC	1	188
18	20 🛧	Take Take	HOW CAN IT BE LAUREN DAIGLE CENTRICITY MUSIC	9	105
19	18 🕹	205 di 11.0	JUST BE HELD - CASTING CROWNS FAVORITES CASTING CROWNS REUNION	17	22
20	Re	-	ACOUSTIC SESSIONS ELEVATION WORSHIP ELEVATION CHURCH	7	125

#### **Dingbats**



### THE FOLLOWING ARE ALL ANAGRAMS OF FAMOUS BRITISH WRITERS

1.	Chased Crinkles
2.	Gatecrash Haiti
3.	New Maniac
4.	Dollar Had
5.	Hydro Asthma
6.	Retie Google
7.	Battier Export
8.	Timid Hazes
9.	Slush Marinade
10.	Scroll Wailer

### Ann's simple recipes for everyone

St Paul's resident culinary queen Ann Easter shares some of her recipes with you.

### Lasagne

Ingredients

1lb/500g Beef Mince

1 Large red onion

4oz/120g Mushrooms

1 Tin chopped tomatoes

1 Jar Bolognese sauce

1 packet of Lasagne sheets

1 Jar White sauce

4oz/120g Cheddar cheese



#### Instructions

Cook the mince in a saucepan and drain off any excess fat.

Dice the onion and Mushrooms.

Mix the mince, onion, mushroom, tomatoes and bolognaise sauce.

Grease a large oven dish and then cover the bottom with some of the lasagne sheets (4 should be enough).

Add some of the white sauce, then a layer of meat mix, then more lasagne sheets, Then sauce, then meat and finally another layer of lasagne sheets.

Grate the cheese and add to the top of the lasagne.

Cook in an oven at gas mark 4 / 160c for 1 hour.

Ann's Top Tips
Use spinach pasta
for a colourful
change.

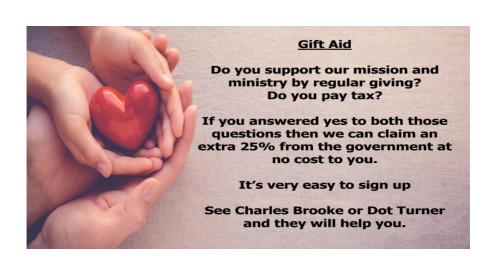
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## Photography



RE Art Project by Grace Beazley-Long

This week's pick of the pics goes to Bob and Monica for the picture of their efforts in making the church look loved during our absence. One of the books is on its way to you.



#### **Blast from the Past**

From "St Pauls Parish News August 1994"



#### LAURAINE IS LICENSED



About thirty members of St Paul's travelled to Snodland parish church on Saturday, 11th June to support Lauraine Wells as she was Admitted and Licensed as Reader to Jonathan and the parish here.

The admitting took place within Evensong (although that makes the service sound much more formal than, in fact, it was) and was conducted by the Bishop of Tonbridge, Brian Smith. Lauraine had been asked to read one of the lessons and then she and one other woman were admitted to the office of a Reader along with three men who were licensed.

Jonathan stepped forward and placed the purple scarf around her neck and gave her a hug. No clapping, however, was heard at this point, which only goes to show how enlightened has been the role of women in Reader ministry for a number of years and not such a "novelty" as women to the priesthood.

It was also good to see that two Readers and two pastoral assistants were commissioned for their Harare link visit and the continuing support that Rochester diocese shows for that part of the church in Zimbabwe.

And then it was out into the churchyard with much hugging and handshaking from family and friends and the taking of numerous photographs.

We wish Lauraine well as she starts her formal ministry at St Paul's please pray for her as she discerns with Jonathan the right and proper way for that to develop. It is good to have her join the team and I am particularly thrilled to have her as my fellow Reader.

Please support and encourage her in her ministry - and I am sure that you will not be disappointed.

Steven Thompson

Advance Notice.

#### SON ET LUMTERE.

### The History of Saint Paulinus Church Crayford portrayed in sound and light.

Wednesday 21st to Saturday 24th September 1994 at 8pm Extra performance Friday 23rd September at 10.15 pm All seating inside the church. Tickets £5. Box Office 0322 525529

#### On TV this week

Freeveiw Sky Virgin Freesat BT

#### **Saturday**

09:00: Father Dowling Mysteries: CBS Justice (39 148 192)

19:00: Celebrity Mastermind: BBC1 (Tim Vine)

20:00: Father Brown: Drama (20 143 130 158) 23:05: Father Ted: More4 (18 136 147 124)

#### Sunday

06:00: Hour of Power: Sky One (106 110)

09:00: Father Dowling Mysteries: CBS Drama (71 149 197)

10:45: Sunday Morning Live: BBC1

13:15: Songs of Praise: BBC1

21:00: Dead Man Walking: 5Select (54 153 152 133)

#### **Monday**

09:00 & 22:00: Father Brown: Alibi (132 126 312)

16:00: Evan Almighty: Sky Cinema Comedy (308 408 508)

#### **Tuesday**

09:00 & 22:00: Father Brown: Alibi (132 126 310)

22:00: Hacksaw Ridge: Channel 5

22:30: Priest School: BBC2

#### **Wednesday**

09:00 & 22:00: Father Brown: Alibi (132 126 312)

#### **Thursday**

09:00: Father Brown: Alibi (132 126 312)

18:00: O Brother Where Art Thou?: Sky Cinema Comedy (308)

23:10: Father Ted: More4 (18 136 147 124)

#### **Friday**

09:00 & 22:00: Father Brown: Alibi (132 126 312) 22:00: Dead Man Walking: 5Select (54 153 152 133)

23:05: Father Ted: Channel 4 (season 1)

#### Radio programs

Prayer for the Day daily at 5.43am on Radio 4 Sunday Worship Sundays at 8.10am on Radio 4 Daily Service Monday to Friday at 9.45am on Radio 4 Longwave and DAB

Lent Talks Wednesdays at 8.45pm on Radio 4 Choral evensong- Wednesdays at 3.30pm and the same service is repeated Sundays at 3pm on BBC Radio 3

# Thank you

To all those who give regularly towards the mission and ministry of St Paul's

Use this information to set up regular giving through your bank

Code 60-15-28 Account No: 66526434.
Account Name: St Paul's Church.
Reference: your name

#### **Quiz answers**

#### **Dingbats**

Shrinking violet; 6.Short Notice; 7.Tricyle; 8.Room for one more; 9.Reading between the lines; 10.See Eye to Eye; 11.Man under Cover; 12.Robin hood

#### **Actors**

1. Charles Dickens; 2. Agatha Christie; 3. Ian McEwan; 4. Roald Dahl;

5. Thomas Hardy; 6. George Eliot; 7. Beatrix Potter; 8. Zadie Smith;

9. Salman Rushdie: 10. Lewis Carroll.